

First Aid DVD Summaries

TOPICS	HS Adult First Aid (3 hr+)	HS Pediatric First Aid (4 hr+)	Friends & Family First Aid (44 min)
Rescuer Duties	X	X	X
Scene Safety	X	X	
Gloves	X	X	
Hand Washing	X	X	
First Aid Kit	X		
Phoning for help	X	X	X
Finding the Problem	X		X
After the Emergency	X		
Breathing Problems	X	X	
Adult/Child Choking	X		X
Bad Allergic Reactions	X	X	X
Epi-pen practice	X	X	X
Chest pain	X		
Heart Attack	X		
Fainting	X		
Diabetes	X	X	
Stroke	X		
Bleeding You Can See	X	X	X
Bleeding You Can't See	X	X	X
Head & Spine Injuries	X	X	Head injuries only
Broken Bones & Sprains	X	X	X
Burns & Electrocution	X	X	X
Adult/Child CPR	X	X	
Infant CPR		X	
Interacting w/children		X	X
Infant Rescue Breathing		X	
Infant Choking		X	X
Asthma	X	X	
Shock	X	X	X
Seizures	X	X	X
Mouth/Tooth Injuries		X	X
Asthma Care Training Optional		X	
Eye Injuries Fever, Bites, Suspected Abuse Optional		X	Eye Injuries, Bites & Stings
Drowning Optional		X	
Environmental – Various	X Optional	X	Poisoning
A/C CPR & AED Optional	X		
Infant CPR Optional	X	X	